



## Meet Abbey – Dietitian at NWRH

Abbey came to work at NWRH as a Dietitian after working a placement in a community on the Northern Territory border called Urandangi and wanted to come back ever since. When an opportunity came up, she jumped at the chance.

Originally from a remote community herself, Abbey feels right at home.

“I serviced Urandangi with another organisation but ever since then I knew I wanted to come back,” said Abbey. “Now I am back in the same place with NWRH and it has been everything I wanted. When the job came up back in town, I knew I had to go.”

Working remote, having a great team behind you for support is paramount. Abbey describes her team as a close family.

“We all become each other’s family. We are all in it together and I love being with like-minded people,” said Abbey.

For new employees wondering what to expect when joining NWRH, Abbey shared some insights.

“Expect adventure! Definitely adventure. You can expect to fall in love with the outback,” said Abbey. “The people here are great. Everyone is so welcoming, on my first day I was welcomed with open arms and love the opportunity to work with others that have a passion for remote health and a drive to make a difference.”

Looking ahead, Abbey is excited to continue to service the rural and remote communities and excited to make these connections. “Ensuring people get better access to safe and nutritious food and continuing to build connections is so important,” said Abbey. “A lot of communities don’t have access to water fit for consumption.”

Having worked for the UN with a background in humanitarian photography in rural and remote India, Abbey lists remote hobbies as a passion from taking photos to 4WD on her time off.