



Meet Tim – Provisional Psychologist at NWRH

Tim found his way to the NWRH team as a fresh psychology graduate keen to grow his skills. In a highly competitive job market, NWRH is passionate about [offering fresh graduates](#) the learning opportunity of a lifetime.

For Tim, the journey to NWRH started with graduating in 2020, and after searching for a role in mental health, I came across the Provisional Psychologist role based in Townsville.

Only three weeks after submitting an application, Tim was diagnosed with thyroid cancer.

“I found out I needed exploratory surgery, and it turns out it was actually cancer,” said Tim. “Less than a week after the successful surgery, NWRH contacted me for an interview. The interview went well, and they said if I wanted the job, I could take it. I couldn’t possibly pass it up.”

Life as a Provisional Psychologist

Tim’s role sees him treating a full range of clients in terms of age and mental health issues, travelling between Mt Isa, Cloncurry, Normanton, Doomadgee, and Mornington Island.

“We work with people with depression, anxiety, substance abuse, PTSD, post-natal depression and other issues. We also support people on the NDIS and any of the concerns that they may be having,” said Tim. “The process starts by meeting in a consult room where we discuss their current problems and goals for therapy, and we look at tools and strategies that may help them reach those goals. Consistency is important, so we try to book in our next appointment at the end of each session.”

Close-knit community

Choosing to work in remote communities like Doomadgee and Mornington Island isn’t without its challenges, but the support and guidance offered by the team ensure your experience is safe and positive.

“You can expect a lot of support along the way, a lot of guidance,” said Tim. “You will learn what life is like for people in these communities and develop an understanding of their culture and values. Working in these remote communities can be challenging, but once you get here, you won’t be on your own. It can feel isolating, but you will be really well supported.”

Tim feels a strong connection to his co-workers through working towards the same goal of improving the quality of life for people.



“I love the staff; we have a really great team here in the office. There is lots of support for me,” said Tim. “The team is a pretty tight group; we go out for dinner and head out to watch live music. I love it when new people come to town as I can act as a tour guide and show them around.”

One of Tim’s favourite experiences at NWRH

Our team is made up of people from all walks of life sharing different knowledge and perspectives to provide a high-quality experience not only for our clients but also for our employees.

One of Tim’s favourite experiences at NWRH was hearing a co-worker who grew up on Mornington Island speak on her story and why her work is so important to her. “She was a local who had moved away to Cairns but came to Mornington Island to recover her roots,” said Tim. “We took a trip away from town to catch up, and she shared her deep connection to country and land. It just really stood out to me and was a privilege to be able to hear her speak from the heart about her love for the community.”

Outside of work, Tim loves spending time in the gym and enjoys the challenge of weight training. A fan of twitch. Tv, comedy, and D&D (dungeons and dragons), Tim loves finding new music on Spotify and staying in touch with friends and family back in Brisbane.