



# NWRH

Operating in over 45 communities across rural and remote Queensland for over 20 years



## A Day in the Life of a... Team Leader

My name is Stephanie Bell, and I am a Team Leader, with a background in Dietetics. I made the great move from Western Australia back in 2020 and have not looked back since!

## What appeals to you about working at NWRH?

As a Dietitian, NWRH has allowed me to have a varied caseload, be challenged with complex cases and work within a well-established multidisciplinary team. I also had the opportunity to progress to Senior Clinician and now Team Leader, allowing me to lead a group of diverse allied health professionals.

## Can you tell us a little more about outreach travel?

My outreach communities included Cloncurry, Julia Creek and Camooweal. I also had the opportunity to experience some of the other communities including Dajarra and Boulia. Now, I am primarily based in Mount Isa but look for any outreach opportunity that might come up! I would generally travel as part of the chronic disease team, with a podiatrist and exercise physiologist. On occasion I would also travel with a physiotherapist, speech pathologist and occupational therapist. Your travelling team becomes your 'work family' because you spend so much time together!

## What is life in the Isa like?

Mount Isa is an exciting place to live and work, with a range of activities and events on all year round! We hold the largest rodeo in the southern hemisphere, bringing people from all over Australia and the world every August. Around the same time, we have camp drafts, other rodeos and races where the dance floor and dusty race tracks come alive. Not to mention wet season when the waterfalls are flowing and 4WDing is in full swing! Isa also offers just about every sport, pottery classes, fishing, and camping.



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