



NWRH

www.nwrh.com.au



HOW TO BECOME AN Exercise Physiologist

QUALIFICATIONS

Bachelor of Exercise Physiology

SCHOOL SUBJECTS

- Biology, Chemistry or Physics
- English
- Mathematics



BIS 30012015
Quality Certified Organisation

WHAT DOES AN EXERCISE PHYSIOLOGIST AT NWRH DO EACH DAY?

- **Empower People Through Movement** - Design and deliver personalised exercise programs that prevent and manage chronic conditions such as diabetes, heart disease, arthritis, and more helping clients restore their physical function and confidence.
- **Take a Whole-Person Approach** - Assess movement capacity and physical health across all ages and health levels. Tailor your interventions to support long-term wellness, rehabilitation, and disease prevention in practical, meaningful ways.
- **Educate and Advocate for Healthier Lives** - Share evidence-based advice and education to promote active lifestyles and empower individuals, families, and communities to take control of their health and wellbeing.
- **Work Together for Better Care** - Collaborate with other health professionals to plan and coordinate care, using both in-person and telehealth services to reach clients across rural and remote areas.

If you are interested in chatting to one of our team about their journey to working at NWRH, please contact our **Human Resources team** hr@nwrh.com.au



- Scan the QR code to check out NWRH Careers!
- Browse our current jobs & watch our team in action
- Hear real stories
- See how we're making a difference

YOUR DREAM ROLE COULD BE JUST ONE SCAN AWAY!