



NWRH

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HOW TO BECOME A Mental Health Professional

QUALIFICATIONS

- Psychologist : Masters Degree of Psychology, a 6th year supervised practice internship, and AHPRA registration
- Mental Health Accredited Social Worker: Bachelor of Social Work + Accreditation through Australian Association of Social Workers
- Mental Health Accredited Occupational Therapist: Bachelor of Occupational Therapy + Mental Health Accreditation
- Credentialed Mental Health Nurse: Bachelor of Nursing + Credentialing with Australian College of Mental Health Nurses

SCHOOL SUBJECTS

- English, Mathematics and Biology or Chemistry



WHAT DOES A MENTAL HEALTH PROFESSIONAL AT NWRH DO EACH DAY?

- **Help People Understand and Manage Their Thoughts, Emotions and Behaviours** - Use therapies like cognitive behaviour therapy or interpersonal therapy to support people dealing with challenges like anxiety, stress, depression, trauma, relationships, and school or work issues.
- **Provide Focused Psychological Therapy or Mental Health Nursing Support** - Assess a person's needs and develop a plan of support to help address and resolve specific mental health concerns.
- **Work Together to Make a Difference** - Collaborate with a person's GP and a team of professionals to provide holistic care.
- **Service Regional and Remote Communities**
 - Travel to deliver face-to-face services and use the latest technology to provide telehealth services.

If you are interested in chatting to one of our team about their journey to working at NWRH, please contact our **Human Resources team** hr@nwrh.com.au



- Scan the QR code to check out NWRH Careers!
- Browse our current jobs & watch our team in action
- Hear real stories
- See how we're making a difference

YOUR DREAM ROLE COULD BE JUST ONE SCAN AWAY!