



NWRH

Operating in over 50 communities across rural, regional and remote Queensland



Why did you Join NWRH?

I was really drawn to the opportunity to live and work in a rural and remote area while using my profession where it's truly needed. NWRH's values and structure really aligned with me, and I loved the idea of being part of a close-knit team within a larger organisation.

What does your role Involve Day to day?

No two days are the same. I travel to small communities, working across a variety of settings and with people from all different backgrounds. I collaborate closely within a multidisciplinary team and also work alongside other organisations delivering similar services in the region.

What has been your biggest achievement or proudest moment at work?

One of my proudest achievements has been building up OT capacity across the Central West. I went from servicing 12 communities on my own to now being part of a team of three OTs, which has made such a positive impact on service delivery.

What has your career pathway looked like?

After finishing university, I worked in a private practice in Bundaberg for four years. I then took some time to travel before stepping into my role with NWRH.

What do you love about NWRH?

Definitely the team. Everyone shares a genuine passion for the work we do, which makes a huge difference. I also love the opportunity to travel and experience working in smaller communities, it's incredibly rewarding.

What advice would you give to someone new starting at NWRH?

Take every opportunity that comes your way, whether it's new services, travel, or meeting different people. Get involved and really become part of the community.





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What do you love about your location?

I love the strong sense of community and the small town feel, it's something really special.

What do you enjoy doing outside of Work?

I enjoy playing team sports and spending time working on renovations around my house.

