



NWRH

Operating in over 50 communities across rural, regional and remote Queensland



Why did you Join NWRH?

I joined NWRH as I was looking to make the move to Townsville and saw it as a great opportunity to do so. I was particularly drawn to the role because it allows me to assist people living in outlying communities who don't always receive the same level of services and opportunities. I'm passionate about making a difference where it's needed most. I also enjoy travelling, so the opportunity to visit and support different communities really appealed to me.

What does your role Involve Day to day?

Day-to-day, my role involves providing regular podiatry services to clients, ensuring they receive consistent and high-quality care. I also undertake NDIS care coordination, where I liaise closely with NDIS support workers to make sure clients' needs are being met and their supports are well aligned. A big part of my role is training and mentoring an Allied Health Assistant who works alongside

me. She has developed her skills significantly and now works independently on Tuesdays and Thursdays, which has been incredibly rewarding to see. I also coordinate diabetic care through the High-Risk Foot Clinic in Townsville, supporting clients with complex needs and helping to prevent serious complications through proactive management and multidisciplinary collaboration.

What has been your biggest achievement or proudest moment at work?

One of my biggest career highlights is what I like to call "Saving Soles." While my work can sometimes seem like it's just routine check-ups here and there, I've seen firsthand the significant impact podiatry care can have on a person's overall health. There have been moments in my role where identifying an issue early or providing timely treatment has prevented serious, life-threatening complications. Knowing that my care has not only improved someone's quality of life but, in some cases, quite literally saved their life, is incredibly rewarding and something I am deeply proud of.





Operating in over 50 communities across rural, regional and remote Queensland

What advice would you give to someone new starting at NWRH?

My advice to someone new starting at NWRH would be to “hang in there.” The onboarding process, training, and learning new systems can feel quite daunting at first, and it’s completely normal to feel overwhelmed in the beginning.

However, you’re joining a genuinely supportive team that encourages one another to succeed. There is understanding that it takes time to settle into a new role, and you’re given the space and support to build your confidence. Once you find your rhythm, you’ll realise you’re part of a team that truly wants you to do well.

What do you love about your location / Where you work?

In Bowen, I stay at the Whitsunday Sands Resort, and they truly make it feel like a home away from home. They know us all by name, which just shows how welcomed we are in these communities. I also love starting my mornings there with a beach swim, it’s the perfect way to begin the day.

When I’m in Collinsville, the Pit Pony Steak Sandwich is to die for, it’s become a bit of a tradition for me.

And in Home Hill, I love visiting the local newsagent for coffee. It’s the best in town, and the staff remember my order which comes in handy when my brain takes a little break. They’re always so warm and welcoming, it really feels like being part of a small-town family. I also spend time in Charters Towers and Ingham where I also love providing care for the vulnerable patients in these locations.

What do you enjoy doing outside of Work?

Outside of work, I enjoy staying active and spending time with family. I love playing beach volleyball and doing weightlifting at the gym, as it helps me stay fit and clear my mind. One of my greatest joys, though, is teaching my grandkids how to swim. Being able to spend that quality time with them.

Additional...

If a Taxi driver drives taxis, what does a Podiatrist drive?

Answer:

A “Toe” Truck

