



NWRH

Operating in over 50 communities across rural, regional and remote Queensland



Why did you Join NWRH?

I joined NWRH due to my strong passion for remote healthcare, having grown up in Longreach. Growing up in a rural community provided me with firsthand insight into the unique challenges faced by people living in remote areas, particularly in accessing timely and appropriate healthcare services. This experience shaped my commitment to contributing to improved service delivery and equitable health outcomes for remote communities.

What does your role Involve Day to day?

As a Allied Health Team Leader at North West Remote Health (NWRH), my role is varied and no two days are the same. On a day-to-day basis, I oversee and support our allied health clinicians, providing leadership, supervision and guidance to ensure high-quality, safe service delivery. This includes managing workloads, reviewing clinical matters, supporting professional development, and addressing operational issues as they arise. A significant part of my role also involves connecting with the community, engaging with clients, families and local stakeholders to ensure our services are responsive to local needs. I liaise with external partners and funding bodies, contribute to service planning, and support coordination of outreach and remote service delivery. Overall, the role balances people management, clinical oversight, community engagement and strategic coordination to ensure our team delivers effective allied health services across remote communities.

What has been your biggest achievement or proudest moment at work?

My greatest achievement has been staff retention and building a team that genuinely embraces remote practice. It has been incredibly rewarding to see both new graduates and experienced clinicians relocate from metropolitan areas to Longreach, settle into the community and ultimately extend their stay beyond what they had originally planned. Watching team members grow professionally, personally and develop a genuine connection to the region, is something I am very proud of.

I am also proud of our ability to consistently deliver allied health services to outreach communities that would otherwise have limited or no access to care. Hearing positive feedback and success stories from clients and community members reinforces the value of the work we do and the impact our team has across the region.

What has your career pathway looked like?

I graduated University with a Bachelor in Nursing Science Degree. I worked as an RN and in the Continence Nursing Role at NWRH before progressing into the Team Leader Role.





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What do you love about NWRH?

What I value most about NWRH is its genuine commitment to improving access to healthcare for remote communities. I appreciate the organisation's strong community focus and the ability to deliver meaningful services to areas that would otherwise have very limited access to allied health support. The impact is tangible and you can see the difference our services make in people's day-to-day lives. I also value the supportive team culture. Working in a remote setting requires collaboration, flexibility, and resilience, and NWRH fosters an environment where staff are supported professionally while being encouraged to grow and take on new opportunities.



What advice would you give to someone new starting at NWRH?

My advice to someone starting at NWRH is that every day is different, so being flexible and open to new experiences is really important. Things in clinical practice don't always go exactly as they do in textbooks, being creative and adaptable helps you provide the best care while building trust and connections with clients. It's also great to get involved in the community outside of work, whether it be joining local sporting clubs, events, volunteer groups etc is a fun way to meet people and really feel a part of the community.

What do you love about your location?

For me, Longreach will always be home. I was born here and moved away for school and university. I love the strong sense of community, where people genuinely look out for one another. The lifestyle, slower pace, wide-open spaces and the unique experiences of living in a remote town make it a special place to live and work.

What do you enjoy doing outside of work?

Outside of work, I really enjoy being active. I am involved in the sporting competitions and love playing netball, touch football and rugby, as well as running and going to the gym. I also value spending time with family and friends and being involved in social activities and community events whenever I can.

