



# NWRH

Operating in over 50 communities across rural, regional and remote Queensland



## Why did you Join NWRH?

I joined NWRH for the adventure – the opportunity to explore different parts of Australia, meet a diverse range of people, and contribute to making healthcare more accessible. I was particularly drawn to supporting individuals in rural and remote communities, where services can make a real difference. It also appealed to me because it was something completely different from what I was used to, offering both personal and professional growth.

## What does your role involve Day to day?

In my current role, I focus on translating our strategic direction into practical, day-to-day operations. I ensure our services are delivered safely, sustainably and within budget, while supporting and leading our managers. I step in to resolve issues where required, monitor risk and quality, and maintain strong governance oversight. A significant part of my role also involves working

closely with funders, partners and communities to ensure we continue delivering high-quality care across our remote regions.

## What has been your biggest achievement or proudest moment at work?

A standout highlight in my career was when NWRH was recognised as Employer of the Year at the 2023 National Rural and Remote Health Awards. It was an incredibly proud moment, as the award reflected the collective effort, dedication and commitment of our entire team to delivering high-quality care in rural and remote communities. Being part of that achievement was both professionally rewarding and personally meaningful.

## What has your career pathway looked like?

I commenced with NWRH as a podiatrist delivering services across the Lower Gulf communities, before transitioning to support more inland communities. I worked as a clinician for five years, gaining valuable frontline experience in rural and remote service delivery.

I then stepped into various Team Leader roles, before transitioning into the General Manager Allied Health position, which I held for three years. In January 2022, I stepped into the Executive Manager Allied Health role.





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### **What advice would you give to someone new starting at NWRH?**

My advice to someone new starting at NWRH would be to embrace every opportunity that comes your way. Take advantage of the career progression pathways and professional development opportunities available, they can open doors you may not have initially considered. Most importantly, enjoy the experience, build strong connections, and have fun along the way. It's a unique and rewarding journey.

### **What do you love about your location?**

I enjoy exploring new places, going camping, and getting involved in community events. I value making the most of the outdoors and staying connected with the communities around me.

### **What do you enjoy doing outside of Work?**

One of the things I love most about the locations where I work is the abundance of beautiful places to explore and the strong community spirit in Mount Isa. It's a town that truly brings people together. It's also incredibly special to me personally as it's where I met my husband and where we've raised our two beautiful children.

