

NWRH

PAEDIATRIC OCCUPATIONAL THERAPY







Helping Children participate, learn and thrive!

A GUIDE TO PAEDIATRIC OCCUPATIONAL THERAPY SERVICES AT NWRH





www.nwrh.com.au

We ndis Registered NDIS Provider

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Paediatric Occupational Therapy supports children to develop the skills they need for everyday activities at home, school and in the community.

At NWRH, our goal is to help children reach their potential and participate confidently in meaningful daily activities.

How we can help:

 FINE MOTOR SKILLS	Supporting handwriting, scissor and classroom material use
 GROSS MOTOR SKILLS	Improving balance, coordination and posture for floor and table work
 PLAY AND SOCIAL SKILLS	Helping develop social skills and play skills to help connect with peers and maintain friendships
 SENSORY PROCESSING	Help to regulate responses to sensory input to support attention and engagement
 SELF-REGULATION AND EMOTIONAL SKILLS	Developing strategies for managing emotions and behaviour in the classroom
 EXECUTIVE FUNCTIONING	Building skills in organisation, planning, task initiation and increasing independence
 CLASSROOM PARTICIPATION	Develop strategies and adjustments to support learning and engagement
 ACTIVITIES OF DAILY LIVING	Help with dressing, toileting, eating, grooming and bathing



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OUR SERVICES

ASSESSMENT

Our experienced Occupational Therapists can conduct comprehensive assessments to understand your child's strengths and areas requiring support:

- Functional capacity assessments
- Sensory processing assessments
- Visual motor integration and handwriting assessments
- School and participation-based assessments

INTERVENTION

Each child is unique and their intervention will vary depending on the goals and areas requiring support, individualised therapy may include:

- Play based therapy
- Strategies to support regulation
- Fine and gross motor skill development
- Self-care skill training
- Visual motor and handwriting interventions
- Parent coaching and education
- School consultation and recommendations





NWRH

Paediatric Occupational Therapy



Family Centred Care

We recognise that families know their children best. We work collaboratively with parents, carers, educators and other health professionals to ensure therapy goals are meaningful, achievable and relevant to your child's everyday life.

Accessing Our Service

Children and adolescents with approved NDIS plans, or those receiving support through the NDIS ECEI program are eligible to access our Paediatric Occupational Therapy services.

Referrals

Referrals can be made by:

- Parents and caregivers
- General Practitioners (GP's)
- Paediatricians
- Allied Health Professionals
- School and Early Childhood Providers



If you would like to know more about our Paediatric Allied Health services please contact our friendly team!

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Contact Us

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1800 799 244

referrals@nwrh.com.au

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